



NATIONAL SPORTS DAY 2025

From Dr. Mhd. Wasem Alsabbagh “I contributed with three fantastic P4 students: Farah Bakri, Asmaa Ibrahim, and Nour Alhuda Alaghawani, in the event of National Sports Day. During the event, we actively engaged with attendees to raise awareness about cardiovascular disease (CVD), which is highly prevalent in our region. Most of these cases are preventable with proper knowledge and lifestyle changes. At our table, people approached us to have their cardiovascular risk assessed. We used data such as blood pressure, previous CVD history, and other risk factors to estimate their CVD risk. We then explained the results and counseled individuals on the importance of reducing their cardiovascular risk. It was a great experience, and our students had the chance to apply their clinical knowledge to enhance the health of our community.”



College of Pharmacy, Qatar University

Dr. Mhd Wasem
Alsabbagh

Three Students

Sports and Events
Complex (A07)

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