

Digital Health in Clinical Practice: Transforming Patient Impact

Activity Code: AGI-03-P209

CPD Category: ☒ Category 1 – Accredited Group Learning Activity ☐ Category 3 – Accredited Assessment Activity

Activity Format: ☒ Workshop ☐ Seminar ☐ Symposia ☐ Conference ☐ Educational Rounds ☐ Journal Clubs
☐ Online Synchronous and Blended Learning Activities

Delivery Mode: ☐ Face-to-Face ☒ Online ☐ Blended

Platform / Venue: Microsoft Teams (online synchronous)

Date & Time: 16th September 2026 | 08:00 AM-09:25 AM

Participants must attend the full session, as verified by the attendance record, to be eligible to claim the full accredited CPD credit hours.

Target Audience

- ☒ Physician
- ☒ Dentist
- ☒ Pharmacist
- ☒ Allied Health Practitioner
- ☒ Nurse
- ☐ Complementary Medicine
- ☐ Others

If Other Profession (specify): Not applicable. CPD credit is restricted to the approved healthcare-professional groups selected above.

- **Important Note:** CPD credits will be granted only to eligible healthcare practitioners within the approved target audience who attend the accredited educational component and have their attendance verified in accordance with DHP-AS requirements. Others may attend for learning purposes but will not receive CPD credit.
- Attendance will be verified through Microsoft Teams attendance reports, participant registration records, duration of attendance, and completion of the CPD evaluation/assessment where applicable. Certificates will reflect the actual number of accredited hours attended.

Overall Educational Purpose / Activity Aim

This accredited CPD activity aims to support participants in selecting appropriate digital tools, integrating them into clinical workflows, and evaluating their potential contribution to clinical decision-making, quality of care, resource utilization, patient outcomes, and patient satisfaction.

Overall Learning Objectives

At the end of this activity, participants will be able to:

1. **Describe** the role of clinical data and digital health technologies in improving patient outcomes.
2. **Identify** practical strategies for integrating digital health tools (e.g. electronic health records, remote monitoring), into clinical practice
3. **Evaluate** the potential impact of a digital health intervention on quality of care, resource utilization and patient satisfaction through case-based example.

Learning outcomes will be assessed through one or more of the following methods:

- ☒ Pre/post assessment
- ☒ Case-based discussion
- ☒ Reflective evaluation
- ☒ Intent-to-apply measure

- ☐ Skills demonstration
☐ Direct observation (for Category 3, where applicable)
☐ Other: (Please specify)

Speakers/Moderators (Full Name and affiliation):

1. Dr. Mahmood Adil – Speaker

Clinical Professor – Qatar University

2. Dr. Aala Hassan Daud - Moderator

Assistant Dean for Student Affairs College of Dental Medicine – Qatar University

Date: 16-09-2026						
Time Session Title / Topic	Speaker / Role	Specific Need / Evidence Addressed	Learning Objective(s)	Educational Method	Interactive Learning Activity & Duration	Assessment / Evaluation Method
08:00 – 08:05 AM Welcome & COI Disclosure	Dr. Aala Hassan Daud - Moderator	Orient participants to the activity purpose, structure, overall learning objectives, COI disclosures, and participation expectations.	N/A – introductory component	Opening remarks and orientation	None / Not counted as interactive learning	None
08:05 – 08:10 AM Pre-Workshop Assessment	Dr. Mahmood Adil - Speaker		Mapped to LO1 to LO3	Individual pre- workshop assessment	None / Not counted as interactive learning	Pre-workshop assessment questions mapped to LO1– LO3
08:10 – 08:40 AM Session 1: Digital Health in Clinical Practice	Dr. Mahmood Adil - Speaker	The survey demonstrated variable baseline familiarity with digital health: 46.6% reported no familiarity,	Mapped to LO1 and LO2	Presentation	Q&A, facilitated discussion (10 mins)	*This will be assessed at the end of the activity through

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		uncertainty about its scope, or only a basic understanding. In addition, 36.7% requested greater clarity about what digital health includes, and 33.3% mentioned desire to understand how it can improve outcomes.				post-assessment questions.
08:40 – 09:10 AM Session 2: Transforming Patient Impact	Dr. Mahmood Adil - Speaker	The survey identified a competence and practice gap: 70% reported lack of training as a barrier, while only 33.3% reported regular use of digital health tools. The SPC also identified the need to strengthen participants' ability to select feasible integration strategies and evaluate intervention impact across quality of care, resource utilization, and patient satisfaction.	Mapped to LO2 and LO3	Case-based presentation	Case based discussion (10 min)	*This will be assessed at the end of the activity through post-assessment questions.

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Time Session Title / Topic	Speaker / Role	Specific Need / Evidence Addressed	Learning Objective(s)	Educational Method	Interactive Learning Activity & Duration	Assessment / Evaluation Method
09:10 – 09:15 AM Post-Workshop Assessment	Dr. Mahmood Adil - Speaker	Measure changes in participants' knowledge and competence across LO1–LO3 and determine whether the identified educational gaps were addressed.	Mapped to LO1 to LO3	NA	None / Not counted as interactive learning	*Post-Workshop Assessment
09:15 – 09:25 AM Mandatory CPD Evaluation & Reflection	Dr. Aala Hassan Daud / CPD Office	Fulfil the mandatory DHP-AS evaluation requirement and obtain feedback regarding objective achievement, relevance, balance, disclosure, satisfaction, and intended practice change.	Mapped to LO1– LO3; evaluates achievement of the overall and individual session objectives.	NA	None / Not counted as interactive learning	Completed evaluation form

Total Educational Time	Total Interactive Time	Interactive Percentage
60 minutes	20 minutes	$20 \div 60 \times 100 = 33.3\%$

Accreditation & Compliance Statements (Mandatory)

Please confirm the following before submission:

- ☒ Each speaker, moderator, facilitator, and Scientific Planning Committee member has completed a Conflict-of-Interest Declaration.
- ☒ The Scientific Planning Committee has reviewed all disclosed financial relationships of speakers, moderators, facilitators, and/or authors in advance of this CPD activity and has implemented procedures to manage any potential or real conflicts of interest.
- ☒ All SPC members completed COI declarations, which were reviewed and managed by the CPD-HP Office/independent reviewer in accordance with QU Health CPD-HP procedures.
- ☒ Educational content is evidence-based, balanced, scientifically rigorous, and free of commercial bias.
- ☒ The activity content, learning objectives, educational methods, interactive components, and evaluation tools are aligned with the identified learning needs.
- ☒ The target audience is clearly defined and consistent across the needs assessment, program description, registration form, attendance sheet, and certificate issuance process.
- ☒ CPD credits will be awarded only to participants within the approved target audience.
- ☒ Attendance records, evaluation results, COI forms, SPC documentation, program materials, and certificate records will be maintained for a minimum of 6 years.
- ☒ The final attendance list will be verified before certificate issuance and DHP portal upload.
- ☒ Relevant COI disclosures will be communicated to participants at the beginning of the activity.
- ☒ Sponsorship / Commercial Support Statement: This activity has no commercial sponsorship, financial support, or in-kind support. No sponsor or commercial entity has influenced the content, faculty selection, learning objectives, educational methods, or evaluation.

Accreditation Statements (Use Exactly as Below)

- “This activity is an Accredited Group Learning Activity (**Category 1**) as defined by the Ministry of Public Health’s Department of Healthcare Professions - Accreditation Section and is approved for a maximum of **1 CPD hours**.”
- “CPD-HP (QU Health) is accredited by the Ministry of Public Health’s Department of Healthcare Professions - Accreditation Section (DHP-AS) as a provider of Continuing Professional Development.”