

Wellbeing in Education: Exploring Novel Approaches and Best Practices

Venue: College of Education, Qatar University (I11), Auditorium C306

Date: Saturday, April 12, 2025

Time: 9:00 AM - 14:15 PM

Symposium Agenda

Time	Activity and Presenters
08:30 – 09:00	Registration
09:00 – 09:30	Opening Address: Wellbeing in Education Prof Aiman Erbad VP of Research and Graduate Studies and Professor of Computer Science and Engineering at the College of Engineering in Qatar University Sheikha Dr. Hessa bint Hamad bin Khalifa Al Thani Assistant Professor - Department of Educational Sciences -Qatar University
	First Theme: “Multidisciplinary Approaches to Wellbeing in Education”
09:30 – 09:45	The Role of School Leadership in Promoting Teachers’ Well-Being: A Case Study of Aspire Academy Dr Khaled A.Naby Hussein, Head of strategy and development
09:45 – 10:00	Collaboration Between School and Family in Promoting the Well-being: Learners with Learning Difficulties as a Model Dr. Rajaa Al-Abyadh – Faculty of Human and Social Sciences of Tunis – University of Tunis
10:00 – 10:15	The Student-Athletes Education Ecosystem: A Holistic Approach to Balancing Academics and Athletics Dr Ali Fawaz Al Dwairi, Education Expert
10:15 – 10:30	Prophetic Methods and the Principles of Positive Psychology for Achieving the Well-Being: An Analytical Study Dr. Noura Al-Mutairi – Kuwait University

Second Theme: “Digital Education and Potential Challenges to Wellbeing”

10:30 – 10:45 **The Impact of Humanizing AI on Reducing Academic Stress and Enhancing the Learning Experience to Achieve Well-being: Perspectives of Students at the College of Education, Kuwait University**
Dr. Abdullah Al-Failakawi – Kuwait University

10:45 – 11:00 **Some Philosophical Dimensions for a Good Theory of Well-being in Education**
Shabeer Zacky – Hamad Bin Khalifa

11:00 – 11:15 **Enhancing the Well-Being for Teachers: An Analytical Study on the Impact of the Professional Environment on Teachers’ Well-Being and Quality of Education**
Dr. Tareq Mohammed Al-Baba – Waad Education Company, Jeddah, Kingdom of Saudi Arabia

11:15 – 11:30 **Examples of Student-led Classroom Mindfulness Activities: Optimizing Experiential Learning to Cultivate Student Wellbeing**
Dr. Jennifer Allen, Department of Rehabilitation Sciences, College of Health Sciences, QU Health, Qatar University;
3rd year QU Physiotherapy Students: Noor Abu Helal, Ruba Salman, Nisrein Najim, Waris Hassan, Aaia Hassan

11:30 – 12:30 **Lunch Break, Prayer & networking**

12:30 – 13:15 **Panel Discussion 3: “Best Practices for Promoting Wellbeing in Educational Contexts” [Teachers]**
Q & A Session

13:15 – 14:00 **Panel Discussion 4: “Challenges & Opportunities in Education: Student Perspectives” [Students]**
Q & A Session

14:00 – 14:15 **Closing Remarks and Networking**
