

Integration of Complementary and Alternative Medicine and Its Regulation in Qatar: Challenges and Opportunities

(Activity Code: AGI-03-P128)

March 21st 2023, 11am - 3pm Venue: Room D140, Research Complex Building (H10), Zone 5 BRC. Target Audience: All Healthcare Professions

Aim:

To expose participants to the current challenges and opportunities regarding the use of complementary and alternative medicine (CAM) in Qatar.

Overall learning objectives:

To discuss the current state of integration of CAM into the Qatari health system; review the existing Qatari laws regulating the practice of CAM; and describe the emerging evidence base for the safety and efficacy of CAM practices.

Speakers

Dr. Souma El-Torky: Supervisor: Physicians, Dentists, & Allied Healthcare Practitioners, Ministry of Public Health

Dr. Zainab Al-Musleh: Sr. Consultant Hearing & Balance Disorders, HMC.

Dr. Sohaila Cheema: Assistant Dean, Institute for Population Health, Weill Cornell Medicine—Qatar.

Dr. Leena Amine: Manager of Qatar Poison Center, Sidra Medicine.

Dr. Zachariah Nazar, Assistant Professor, College of Pharmacy, QU Health, Qatar University.



Activity schedule:

Time and Speakers	Schedule and Learning outcomes
11:00-11:05	Welcoming and introduction
Dr Layla Al-Mansoori &	
Dr Abdullah Shaito	
11:05-11:50	CAMs in Qatar and the region: A review of the literature.
Dr. Sohaila Cheema	
11:50-12:35	Experiences delivering complementary approaches in Qatar.
Dr Zainab Al-Musleh	
12:35-13:00	Coffee Break & Prayers
13:00-13:45	The regulation of CAMs in Qatar; including Q&A.
Dr. Souma El-Torky	
13:45-14:30	Lessons learned from the use of CAM in Qatar: Cases from
Dr Leena Amine	Qatar Poison Center.
14:30-14:45	The CAM evidence-base for effectiveness and safety: An
Dr Zachariah Nazar	interactive discussion
14:55-15:00	Evaluation & Q&As.

- * "This activity is an Accredited group learning activity (Category 1) as defined by Ministry of Public Health's Department of Healthcare Professions Accreditation Section and is approved for a maximum number of 3.5 Hours."
 - * "CPD-HP (QU—Health) is accredited by Ministry of Public Health's Department of Healthcare Professions Accreditation Section (DHP AS) as a provider of continuing professional development."

^{*} The scientific planning committee has reviewed all disclosed financial relationships of speakers, moderators, facilitators and/or authors in advance of this CPD activity and has implemented procedures to manage any potential or real conflicts of interest.