

Aims of the National Dentist Day:

Acknowledge and honor the contributions of dentists in promoting good oral health and overall well-being.

Raise awareness about the importance of regular dental check-ups and preventive dental care to maintain healthy teeth and gums.

Encourage people to take responsibility for their oral health and to visit their dentist regularly for check-ups and cleanings¹.

Organizer:

College of Dental Medicine



Did you know?

“The University Of Maryland School Of Dentistry is the world’s first dental college. It was established in 1840 by Drs. Horace H. Hayden and Chapin A. Harris”².

“In 1866 Lucy Hobbs became the first licensed female dentist.”³.

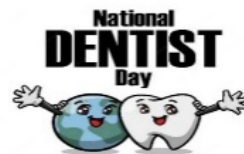
“Dentists are the frontline of good oral health. They work with communities to prevent and treat dental/oral disease, correct dental irregularities and treat dental/facial injuries”⁴.

“High-sugar foods and drinks, as well as tobacco and alcohol, are major risk factors for oral health problems.”⁴.

“Dental caries (tooth decay) is the most common health condition according to the Global Burden of Disease 2019”⁶.

“It is estimated that oral diseases affect nearly 3.5 billion people”⁷.

Recent studies have proved many general health problems related to dental problems⁸.



National Dentist Day

“An Insight to 21st Century Dentistry”.

6th March 2023



Station Name	Stations lead and Contributors	Stations Objectives
Oral and Systemic Health Connection	Lead Prof. Kamran & Dr Priti Contributors Students : Sarah Yaser Layan Mohammed	To create awareness about oral and systemic health connection.
Dental Specialties	Lead Dr. Safa Contributors Dr. Faez, Dr. Shailaja Dr .Abeer, Dr. Raidan Dr Amir, Dr. Lamyia, Prof. Jumma, Asa	Introduce different dental specialties to the public.
Students Research activities	Lead Dr. Shiraz Altigani Contributors Students: Alghalia , Shahd , Hind Rawan , Ayah , Aisha , Hissa , Ola , Jomana , Iheb , Abdulla, Aseel , Arisha, Roudha Omar, Mohamed, Iman, Rana, Ayah, Shahad Al-Biltaji, Reem ,Ayah. Asa Salih Qadir Qadir Mohammed Nouraldin Omer Alsaher	To demonstrate the student's research activities.
Dental Virtual Reality	Lead Dr. Hanin Contributors Dr. Sadiya	Introduction on Dental Virtual Reality and haptic technology in dental training for undergraduate students
Mental Health and well-Being in Dentistry	Lead Dr .Teeb Contributors Students: Mohammed, Hissa , Haya, Rama, Walla , Mennah , Malak	

Station Name	Stations lead and Contributors	Stations Objectives
Digital Dentistry	Lead Dr. Sundus Contributors Bayan , Naila, Chris	To introduce digital dentistry to health care provider and general public
AI in Dentistry	Lead Dr. Sruthi Contributors Dr. Raidhan	To demonstrate the use of AI in dentistry
PHCC	Lead Dr .Asmaa AIKhtib Contributors Dr. Nawras Mostafa Dr. Abeer Alomairi Dr. Khoulood Zidan	Preventive Dentistry Dental services & programs in PHCC.

Important Dental Care Tips

Brush your teeth twice per day twice-daily tooth using fluoridated toothpaste.

Floss daily.

Visit your dentist regularly.

Eat a balanced diet and limit eating and drinking of sweet and saucer foods between meals.
Stopping use of all forms of tobacco.

Use protective equipment when needed in sport.



Organizing team:

Lead: Prof .Randa Abidia

Team

Dr. Shiraz, Dr Safa, Dr .Priti ,Dr.Teeb, Dr. Sruthi,
Dr. shailaja, Dr. Sundus

- <https://drlogy.com/day/national-dentist-day>
- https://en.wikipedia.org/wiki/University_of_Maryland_School_of_Dentistry
- https://en.wikipedia.org/wiki/Lucy_Hobbs_Taylor
- <https://www.healthcareers.nhs.uk/explore-roles/dental-team/roles-dental-team/dentist>
- <https://www.who.int/westernpacific/health-topics/oral-health>
- Dye BA. The Global Burden of Oral Disease: Research and Public Health Significance. J Dent Res. 2017 Apr;96(4):361
- <https://www.who.int/news-room/fact-sheets/detail/oral-health>
- <https://newsroom.cigna.com/medical-conditions->

